

Northern and Indigenous Health and Healthcare Open Education Resource

DRAFT Table of Contents – January 25, 2018

Chapter 1 - The Social Determinants of Health in Northern and Indigenous communities

Introduction

Context

- At a Crossroads: Understanding the Determinants of Northern and Indigenous Peoples' Health (Julie Bull)
- Connection to the land as a structural determinant of Indigenous health (Cindy Jardine)
- Oral health and health promotion in northern and Indigenous communities (Sisko Honkala and Eino Honkala)
- Ongoing impact of trauma and wellbeing (Holly Graham)
- Childhood conditions in Greenland (Christina Viskum Lytken Larsen)

Food security

- Food Security in Greenland by Gert Mulvad
- Impacts of colonization on dietary choices and food security in Arctic Canada (Jennifer Wakegijig)
- Importance of community engagement to understanding food insecurity and its solutions in Arctic settings (Jennifer Wakegijig)
- Communicating about food and nutrition in the context of today's market and traditional food supply in northern Canada (Jennifer Wakegijig)

Sexually related issues

- Effects of sexual abuse on physical, mental, and psychological health (Geoffrey Maina)
- Childhood sexual and physical violence and the impact on mental health (Siv Kvernmo)
- Childhood Sexual Abuse: Consequences and Holistic Intervention (Sigrún Sigurðardóttir)
- Youth and parent perspectives on sexual health (Gwen K. Healey)
- Intimate Partner Violence in Northern Canada (Heather Fikowski)
- Addressing Intimate Partner Violence in the Northwest Territories, Canada: Findings and Implications from a Study on Northern Community Response (2011 – 2017) (Pertice Moffitt and Heather Fikowski)

Other

- Climate change, self-determination, and health equity (Susan Chatwood)

Chapter 2 - Health Issues in Northern and Indigenous Communities

Introduction

Mental health

- Cultural issues of mental health in Indigenous children and adolescents (Siv Kvernmo)
- Health services in the north (Lea Barbosa-Leclerc)

Cases

- Family health and local capacity building in a developing community (Gert Mulvad)
- Evidence-based model for supporting adolescent mental health based on Inuit conceptual model (Gwen K. Healey)
- Mental health and resilience among Greenland Inuit Suicide Prevention across the Arctic (Christina Viskum Lytken Larsen)
- Novel interventions for Indigenous youth suicide (Cindy Jardine)

Medical health

- Concepts/considerations and approaches for chronic care management (Rachel Johnson)
- Communicable diseases with an emphasis in Tuberculosis and/or sexually transmitted diseases (Kethika Kulleperuma)
- Environmental health (Arja Rautio)

Maternal child health

- Indigenous Birth (Angela Bowen)
- Infant Feeding Teachings from Indigenous Grandmothers: Generating Knowledge through Sharing Circles (Pertice Moffitt, Sabrina Lakhani, and Sheila Cruz)
- Improving access to maternal care through local-based midwifery (Lisa L. Schwarzburg)

Preventative

- Water and well-being (Lalita Bharadwaj)

Cases

- Role of nurses in prevention of tuberculosis in remote communities in the North (Nikolay Diachkovsky and Aleksandra Obutova)
- Establishing trustful relationships between marginalized indigenous people and researchers/health workers (Snefrid Møllersen, Tonje Haanæs-Rensberg, Inger Marit Eira-Åhrén)

Chapter 3 - Health Systems and Governance

Introduction

Access to healthcare (current issues and possible solutions)

- Governance – how systems are governed and implemented. How the public is represented in a health systems structure. The philosophical framework that underpins the health system and its implementation in a given community. (Gwen K. Healey)
- Health systems stewardship – a value based model that addresses broader connections of systems that influence health (Susan Chatwood)
- The difference a stone's throw can make: barriers to access experienced by First Nations and Metis in Manitoba (Elizabeth Cooper and S. Michelle Driedger)

Innovation and technology

- Potential use of social media for professional development (Nancy Edgecombe)
- eHealth as a support in remote areas (Päivi Juuso)
- The historical development of telemedicine in the Greenlandic healthcare system. The current use of healthcare technologies in Greenland (Lasse Overballe Nielsen)

Chapter 4 - Culture and Health

Introduction

Indigenous and traditional healing practices

- Weaving Western and traditional healing practices (Michael Jong)
- Indigenous Midwifery (Lisa L. Schwarzburg)
- Connection between water and health from an Indigenous perspective (Lalita Bharadwaj)

Cultural competency

- Providing education and developing a sense of place (Mary Ellen Andrews)
- Cultural attunement in maternal health care (Lisa L. Schwarzburg)
- Ethics, Culture and Knowledge (Tine Aagaard)
- Chapter by Mette Mørup Schlütter

Cases

- Nurse-deaconess education in the Sámi region (Lea Rättyä and Tiina Ervelius)
- The use of technology (apps) to improve cultural competency among short-term/locum health care providers (Gwen K. Healey)
- Some results from a study about patients' everyday life with chronic illness and their perspectives on health care practice in Greenland, and the significance of involving patients' knowledge and perspectives in health professional practice (Tine Aagaard)

Chapter 5 - Professional Practice in Rural/Remote/Isolated Communities

Introduction

Professional Development

- Professionalism and Professional Conduct in the Northwest Territories and Nunavut (Pertice Moffitt, Rachel Munday, and Jan Inman)
- Trauma informed practice (Holly Graham)
- Developing knowledge of community caregivers and leaders (Mary Ellen Andrews)
- Ethical and Leadership Challenges for Healthcare Providers in the Canadian North (Kathie Pender)
- Reflections on culturally safe health care, health-education and health-care work-places (Helle Møller)
- Value of providing northern and remote health professional training opportunities to advance access to health care and stabilizing health services (Jennifer Wakegijig)

Cases

- What does it mean to be a nurse in Canada's northern territories? (Martha MacLeod, Leana Garraway, Steinunn Jonatansdottir and Pertice Moffitt)
- Educating Health Care Workers in the Yukon (1963 – present) (Kim Diamond and Susan Starks)
- Off-Campus Nurse Education - Education Model Impacting Regional Health Care Services (Sirikka Saranki-Rantakokko, Eija Jumisko, and Outi Hyry-Honka)

- How to use telehealth to enhance care in isolated northern practices (Michael Jong)
- The Personal Support Worker program: A Public Health Initiative for Indigenous Women (Wanda Roberts)

Interprofessional practice

- Interprofessional collaboration using Telehealth (Rachel Johnson)
- The Role of Personal Support Workers in Remote Northern Communities in the Northwest Territories, Canada (Wanda Roberts)
- Local-based midwives as part of the indigenous maternal health team (Lisa L. Schwarzburg)
- Community Development in Canada's North (Kerry Lynn Durnford, Cathy Bradbury, Susan Starks, Marnie Bell, Pertice Moffitt)

Self-care/mental health for health care practitioners

- Self-care/mental health for health care practitioners (Brenda Dawyduk)

Role of Research in improving northern and Indigenous Health and Healthcare

- Health research and education (Gert Mulvad)
- Northern Partnership between Two Schools of Nursing in Norway and Canada: A Historical Perspective (Pertice Moffitt and Grete Mehus)
An Ethical Imperative for Working with Northern and Indigenous Communities (Julie Bull)

|